

Recetas Con Miel



Honey Hair Shine Booster

Mix

- 1 spoonful of honey.
- A quart of warm water.

Rinse through your hair after shampooing. Leave on for an hour for deep conditioning, then rinse gently. Every other week, also include a rinse of organic apple cider vinegar for extra shine boosting.

Honey can help make your hair healthy and boost your hair's shine by infusing it with moisturizer.